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Island Oral Facial
—AND—
Implant Surgery

**POST-OPERATIVE INSTRUCTIONS
ADVICE AND RESTRICTIONS
FOR PATIENTS WHO HAVE UNDERGONE
GENERAL ANAESTHETIC
OR
INTRAVENOUS SEDATION**

Following general anaesthesia or intravenous sedation, 24 to 36 hours are required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions:

1. On leaving the office, you **MUST** be accompanied by a responsible adult, who may either drive you home or accompany you home in a taxi. We strongly advise against the use of public transportation.
2. On arrival home, it is common to feel sleepy. You are advised to rest quietly at home for the balance of the day.
3. We strongly suggest that a responsible adult be with you for the rest of the day and night.
4. You may experience some muscular aches in your back and neck area. As well, you may develop a sore throat or stuffy nose following general anaesthesia. These symptoms are not serious and will disappear in a short time.
5. You are advised to lie flat on your back if you feel dizzy or light headed.
6. You are encouraged to drink lots of non-citric juice or non-diet soft drinks for the first 4-6 hours. Light meals are recommended following your operation (i.e. soup, jellos, sherbet, etc.)
7. You **MUST** avoid alcohol in any form for 48 hours.
8. You **MUST** avoid any drugs which may affect the nervous system for 24 hours. Continue to take any currently prescribed medications unless instructed otherwise.
9. You **MUST NOT** operate motor vehicles, boats, power tools, or machinery for 24 hours.
10. You **MUST NOT** operate any aircraft for at least 4 days following general anaesthesia.
11. You **MUST NOT** sign or enter into any legal contract for 24 hours.
12. If you have any questions or problems regarding post-operative signs or symptoms, or any associated concerns, please call the surgeon's office at 1-866-753-6671 or 1-250-753-6671